Term	Unit	Lesson Number	Proposed Lesson Title	Learning Objectives	Resources
1a	What Makes Us Who We Are? (relationships)	1	Welcome to LIFE	4C's and LIFE overview	Claydon designed (NRA) - Presentation & Workbook **'Do Now' is not required**
1a	What Makes Us Who We Are? (relationships)	2	What Makes Us Who We Are?	Understanding myself, others and the world around me Reflecting on personal skills, attribute and characteristics Identify strengths and areas of growth Exploring growth and fixed mindset	Claydon designed (NRA) - Presentation & Workbook **'Do Now' is included - Misogyny**
1a	What Makes Us Who We Are? (relationships)	3	What do we mean by consent in friendships?	Learn what is meant by consent. Explore what permission seeking and permission given means to us. Understand that they may feel conflicting emotions when seeking and giving permission. **Develop skills of informed decision-making.**	Pol-Ed - KS2 Relationships (yr 3) - Presentation & Workbook **'Do Now' is included - TikTok & Snapchat**
1a	What Makes Us Who We Are? (relationships)	4	What is bullying? ***Incorporate year 9 anti-bullying leaders (KWI - Yr 8 workshop)***	Learn what is meant by bullying? Explore the difference between bullying and falling out. Review different scenarios – which may, or may not, be bullying. Discuss ways to be an 'upstander' – not a bystander. Formulate a class charter about how we should treat others. **Develop skills of informed decision-making.**	Pol-Ed - KS2 Relationships (Yr 3) - Presentation & Workbook **'Do Now' is included - Sexualised Language**
1a	What Makes Us Who We Are? (relationships)	5	What is discrimination?	Learn about discrimination. Discuss why it is wrong. Consider ways that we can be more inclusive.	Pol-Ed - KS2 Relationships (Yr 4) - Presentation & Workbook **'Do Now' is included - Vaping**
1a	What Makes Us Who We Are? (relationships)	6	What is peer pressure?	Learn what is meant by peer pressure. Explore what might or might not be discrimination. Understand that discrimination is wrong. **Develop skills of informed decision making.**	Pol-Ed - KS2 Relationships (Yr 5) - Presentation & Workbook **'Do Now' is included - Toxic Masculinity**
1a	What Makes Us Who We Are? (relationships)	7	How should we treat people?	Learn about how people in the home should behave towards each other. Discuss why it can be difficult to talk about problems at home. Challenge ideas that everything happening at home should be kept secret. Reflect on the importance of making informed decisions and having empathy towards others.	Pol-Ed - KS2 Relationships (Yr 3) - Presentation & Workbook **'Do Now' is included - Discriminatory Language**
1a	What Makes Us Who We Are? (relationships)	8	What is grooming?	Learn what is grooming. Reflect on the difference between surprises and secrets. Discuss who to speak to in a difficult situation. Discuss possible solutions to grooming situations. Create, as a class, 10 top tips for keeping ourselves safe. **Develop skills of informed decision making.**	Pol-Ed - KS2 Relationships (yr 5) - worksheets **'Do Now' is included - Wellbeing**
1b	My Wellbeing	1	Healthy Body (Food)	To recognise the different aspects and factors which contribute to health and well-being To explore the benefits of healthy lifestyle To describe and explain the negative effects of poor health choices in short and long term	PSHE Association - Presentation & workbook
1b	My Wellbeing	Avaliable to view in October 2025	What influences my health choices?	To describe what positive mental health consists of. To explore ways to overcome challenges in everyday life and develop resilience to setbacks. To describe the links between sleep and mental health.	Pol-Ed - Yr 7 Wellbeing
1b	My Wellbeing	Avaliable to view in October 2025	How can drugs and alcohol impact the way we feel?	Pol-Ed	Pol-Ed - Yr 8 Wellbeing
1b	My Wellbeing	Avaliable to view in October 2025	What range of emotions are there?	Pol-Ed	Pol-Ed - Yr 7 Wellbeing
1b	My Wellbeing	Avaliable to view in October 2025	What is anxiety?	Pol-Ed	Pol-Ed - Yr 8 Wellbeing
1b	My Wellbeing	Avaliable to view in October 2025	What is depression?	Pol-Ed	Pol-Ed - Yr 8 Wellbeing
1b	My Wellbeing	Avaliable to view in October 2025	How does social media make me feel?	Pol-Ed	Pol-Ed - Yr 8 Wellbeing
2a	Hinduism - Other Religions And Me	1	Introduction To Hinduism	To explore: the origins of the Hindu religion. To explain: Key facts about Hinduism.	Source electronic package - Oak National Academy?
2a	Hinduism - Other Religions And Me	2	Key Beliefs	To know the 4 stages of Life	Source electronic package - Oak National Academy?

	2a	Hinduism - Other Religions And Me	3	Who Is God In Hinduism?	TO KNOW THE NAMES OF THE THREE MAIN HINDU GODS AND ONE OTHER. TO BE ABLE TO IDENTIFY WHAT THE THREE MAIN HINDU GODS REPRESENT AND ONE OTHER.	Source electronic package - Oak National Academy?
	2a	Hinduism - Other Religions And Me	4	Worship In The Temple	Explore how Hindus worship one God in many forms. Consider the place of the Mandir within the Hindu community.	Source electronic package - Oak National Academy?
	2a	Hinduism - Other Religions And Me	5	Worship At Home - The Puja Tray	To explore how the Hindu home reflects Hindu identity. To discover the significance of the Hindu home shrine. To evaluate the importance of worshipping at home for the Hindu community.	Source electronic package - Oak National Academy?
	2a	Hinduism - Other Religions And Me	6	Diwali	To understand why Diwali is celebrated by Hindus across the world. To explain how Diwali is celebrated by Hindus.	Source electronic package - Oak National Academy?
	2a	Hinduism - Other Religions And Me	7	Assessment		
	2b	My Future	1	Who am I?	Describe who they are Draw connections between their likes, culture, connections and interests Understand that certain characteristics are protected by law	Unifrog - Who am I? (Presentation) Unifrog - Who am I? (Workbook)
	2b	My Future	2	Exploring possibilities: dream jobs	Identify the key skills and themes that relate to their 'dream job' Explain the benefits of exploring related career options and not focusing on one single dream job	Unifrog - Exploring possibilities: dream jobs (Presentation) Unifrog - Exploring possibilities: dream jobs (Workbook)
	2b	My Future	3	What is a career?	Define 'what is a career?' Identify a range of career sectors and jobs that they might be interested in Understand the skills required for different jobs, and the rewards and challenges they may bring in the future	Unifrog - What is a career? (Presentation) Unifrog - What is a career? (Workbook)
	2b	My Future	4	What is an entrepreneur?	Define what an entrepreneur is Identify some entrepreneurial skills Explain what a role model is	Unifrog - What is an entrepreneur? (Presentation) Unifrog - What is an entrepreneur? (Workbook)
	2b	My Future	5	What is a work-life balance?	Explain what work-life balance means to them Suggest ways to improve work-life balance and manage situations of work-life imbalance Describe an example of when they've demonstrated the skill of balance	Unifrog - What is a work-life balance? (Presentation) Unifrog - What is a work-life balance? (Workbook)
	2b	My Future	6	Careers and the future	Identify a skill that's predicted to be valued by future employers Explain at least one example of how careers have changed over time	Unifrog - Careers and the future (Presentation) Unifrog - Careers and the future (Workbook)
	3a	Judaism- Other Religions And Me	1	Abraham	To understand the important facts of Abraham's life and how he came to be the first founder of Judaism. To consider what it would be like to have to leave your home.	Source electronic package - Oak National Academy?
	3a	Judaism- Other Religions And Me	2	Who Is Moses?	To understand the qualities that make a good leader To be able to describe key features in the story of Moses	Source electronic package - Oak National Academy?
	3a	Judaism- Other Religions And Me	3	The Torah and Laws	To describe the significance of the Torah to the Jewish faith To describe different laws Jewish people live their lives by	Source electronic package - Oak National Academy?
	3a	Judaism- Other Religions And Me	4	Shabbat	To describe the rituals and activities associated with Shabbat To explain the meaning of the objects used and consumed To explain the importance of Shabbat to Judaism	Source electronic package - Oak National Academy?
	3a	Judaism- Other Religions And Me	5	The Synagogue	To explore the importance of the synagogue in Judaism	Source electronic package - Oak National Academy?
	3a	Judaism- Other Religions And Me	6	Assessment		Source electronic package - Oak National Academy?
	3b	My Relationships	1	What is consent in a relationship?	Confirm what is meant by consent. Discuss where and how people set boundaries in relationships. Understand that we may feel conflicting emotions when seeking and giving permission. Consider some different scenarios where consent may be asked for, given or withdrawn at any time. **Develop our skills of self-worth and empathy.**	Pol-Ed - KS3 relationships (Yr 9) - Presentation & Workbook
	3b	My Relationships	2	What is Child Sexual Exploitation?	Recognise and identify risky situations and factors of sexual exploitation. Understand it's easy to be drawn into sexual exploitation and how difficult it is to get out of. Talk about the emotional and physical impact of sexual exploitation and empathise with others' feelings. Identify key people we could turn to for support, to help keep themselves safe. **Develop our skills of self-worth and empathy.**	Pol-Ed - KS3 relationships (Yr 9) - Presentation & Workbook

	3b	My Relationships	3	Are we responsible with social media?	Discuss strategies to spot fake news. Understand some rules about sharing images. Learn how social media can be used positively and negatively. Discuss things which should, and should not be shared on social media. **Develop skills of fact-finding and understanding risk.**	Pol-Ed - KS3 relationships (Yr 8) - Presentation & Workbook
	3b	My Relationships	4	Is this banter or bullying?	Define what is meant by 'banter' (and bullying). Consider when banter becomes bullying and what someone can do if a playful comment is hurtful? Reflect on when we have been unintentionally hurtful. Discuss how to resolve issues when banter goes wrong. **Develop skills of respecting others and empathy.**	Pol-Ed - KS3 relationships (Yr 7) - Presentation & Workbook
	3b	My Relationships	5	What is child-on-child abuse?	Understand definitions of a child, and child-on-child abuse. Learn that reported child abuse has increased significantly, and consider reasons for this. Discuss what makes for good relationships. Consider some potentially abusive relationships. Discuss how students feel sexual harassment should be dealt with in schools. **Develop skills of respecting others and empathy.**	Pol-Ed - KS3 relationships (Yr 7) - Presentation & Workbook
	3b	My Relationships	6	What is sexism?	Students learn about the Equality Act, protected characteristics and definitions of sexism and misogyny. Discuss aspects of sexism and how to call it out. Learn about some of the things that our school community could/should do to prevent sexism (and other hate crimes). **Develop skills of respecting others and empathy.**	Pol-Ed - KS3 relationships (Yr 9) - Presentation & Workbook